



NORTH IDAHO

VOLLEYBALL CLUB

www.northidahovolleyball.com

<https://www.facebook.com/NorthIdahoVBC/>

PARENT/PLAYER HANDBOOK

NOVEMBER 6, 2021

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MISSION STATEMENT

North Idaho Volleyball Club offers opportunities to female athletes, aged 7 -18, who want volleyball training outside of their school seasons. NIVBC's mission is to promote and encourage the growth and development of volleyball in North Idaho by:

- Providing a positive and nurturing environment where teamwork, sportsmanship, work ethic and fun are emphasized.
- Providing a challenging and competitive environment for our student athletes
- Providing an opportunity for our athletes to learn all of the life lessons that come with being the member of a team,
- Providing experienced, quality coaches who can help our athletes in developing volleyball skills, systems knowledge, team dynamics and life skills.
- Providing literature and support to parents and athletes who are interested in pursuing volleyball opportunities at the collegiate level.

ORGANIZATION

NIVBC is a member of USA Volleyball, the national governing board for volleyball in the United States. USA Volleyball works in conjunction with the International Volleyball Federation to provide equal opportunities and maximum enjoyment for participants and spectators, while maintaining the values of fair play and peaceful involvement. As a part of USA Volleyball, North Idaho Volleyball Club and its members must adhere to the rules, standards, and code of ethics as established by the national governing body.

BOARD OF DIRECTORS

North Idaho Volleyball Club is a non-profit corporation managed by a Board of Directors.

The board consists of seven members. The board for the 2021-2022 season is:

Julia Klontz- President

Rebecca Apple - Director

Sheyna Rust - Treasurer / Vice President

Jack Dyck - Coaching Director

Peter Klein - Beach Program Director

Karen Alsager - Communications Director

Angie Endicott - Tournament Director

The Board is responsible for all operations of the club including but not limited to approving operating year and budget proposals, staffing, operational necessities and for hearing disciplinary complaints and appeals for staff and members according to the USA Volleyball and North Idaho Club guidelines.

The Board meets annually to approve issues for the upcoming season. Other meetings throughout the year are scheduled as needed. Members who wish to have an issue considered by the Board must submit the request, in writing, to the Director. The Director will review the request and, if necessary, schedule a meeting for the Board.

The Board has the sole power to remove the Director or any officer by a majority vote if ample proof has been made of a violation of standing statutes. At the time of removal, the Board will appoint a replacement..

WEBSITE

Our website (www.northidahovolleyball.com) has significant information and resources for parents and/or players. The most current information regarding practices, tournaments, etc., will be posted as soon as it is available. We will make every attempt to update our website first and promote it as the location to get the most accurate and up to date information. A directory exists on the website with emails and phone numbers of all head coaches as well as our mailing address.

COACH REQUIREMENTS

All head coaches must be at least 18 years of age at the time of employment.

All coaches will be IMPACT/SafeSport certified

Will be registered with USA Volleyball as a coach

Will have gone through a background check administered by the Evergreen Region

Will have a copy of the USA Volleyball Coaches Code of Ethics on file.

All coaches are required to carry all players' medical release forms to sites of practice, competition, and all club related leisure activities to ensure proper emergency medical attention if the situation arises.

Will adhere to the USA Volleyball Junior Club Personnel Code of Ethics at all times.

COACH EXPECTATIONS

We expect our coaches to be:

- Engaged
- Passionate
- Committed
- Knowledgeable
- Communicative
- Competitive
- Organized
- Prepared
- Uncompromising
- Respectful
- Consistent

We will be on time, prepared (detailed practice plan), and properly equipped for each practice, scrimmage and/or tournament.

We will hold our players accountable by creating a culture based on an expectation of excellence. We will lead by example and promote good sportsmanship.

We will be advocates, in good faith, for the members of their teams.

We will set goals and expectations not only for the season, but for each tournament, practice, and individual drill.

We will set challenging goals, expectations, and clearly communicate these to our players.

We will hold them accountable immediately and expect maximum efforts towards achieving these goals by praising effort and not accepting less.

We will provide feedback on our team's performance as a whole and to individual players after each event. This will include both praise of accomplishment and identification of areas for improvement.

We will communicate our knowledge and love for the game to each and every player that walks into the gym.

We will be at least 10 minutes early to practice and we will wait with athletes until all players have left the site or have confirmed transportation on site.

Coaches may NOT provide transportation to any athlete.

TEAMS

Teams offered by NIVBC are all designed to provide a positive and nurturing environment where teamwork, sportsmanship, and fun are emphasized. In order to best accomplish these goals, teams within the organization will be created with varying levels of time and financial commitments.

We hope to have teams at every age level as defined by USAV, however this is often not the case. We are limited by the number of participants and by the varying positions that those athletes play. We will do our best to make as many teams as possible within those parameters.

Developmental Program

The Developmental Program is primarily designed to attract and introduce athletes to the game of volleyball. The goal of this program is to teach basic skills and systems, to get athletes excited about the game, and to have fun learning and participating. Athletes involved in the Developmental Program practice once or twice per week depending on their grade level (see below). Each practice session will include skill development, basic system training, and modified game play. The intent is to combine high quality training with low cost and low commitment in order to achieve a positive first volleyball experience for young athletes.

Group 1:

- 1st and 2nd graders
- Max players 16
- Season length is 8 weeks – January 3rd to Feb. 28th
- 1 practice per week, 1 hour long
- Registration to include a t-shirt

Group 2:

- 3rd, 4th and 5th graders
- Max players 24
- Season length is 10 weeks – January 3rd to March 14th
- 2 practices per week, 1.5 hrs long
- Will include 2 scrimmages
- Registration to include t shirt jersey

PLAYING TIME

Regardless of the age or skill level, playing time in games is always a concern for participants. Participants in NIVBC are paying to be trained in volleyball skills, techniques and tactics by a knowledgeable coaching staff. For all teams, most of this training occurs in practice situations. For this reason, NIVBC does not guarantee, for any team, specific percentages of playing time for participants. Regardless of competitive playing time, all players will receive quality training in practices.

COMMUNICATION

Routine Team Communication

The primary way that you will receive communication from NIVBC will be through our website at northidahovolleyball.com and through emails. For unexpected or last minute changes with a practice or with a tournament, we will try to have coaches and staff text out that information or call parents directly as well as put it on the website asap. It is critical that you routinely (daily) check our website during the season to make certain you receive all team/player/parent information. Our expectation from parents and players is that immediate communication (about something in the next 4 hours) be made to coaches by text. If the subject is more distant we recommend email. We also recommend following up any important verbal notification with an email to act as a confirmation and reminder.

Player to Coach

Both players and coaches are responsible for establishing a relationship of trust and mutual respect. Our coaches work hard to be approachable and to create a safe environment for players to bring up concerns. However, bringing up a problem to their coach can be extremely difficult for a player. We look at this as an opportunity to help teach a valuable life skill. We encourage parents to help their daughters take that first step and hope that not only will the problem be resolved but that our athletes will have also grown as a result of doing so. For players, the most common concern that they have revolves around playing time. Our expectation is that the player should start this conversation by asking what she needs to do to play more and how she can work towards playing a larger role in contributing to the team's success.

Parents to Coach

North Idaho Volleyball Club wants to encourage appropriate communication between our parents and the coaching staff of their daughter's team.

Appropriate communication would include:

- **Any information about your daughter's health.** Recent illnesses, medical restrictions relative to practice, allergies and medication needs are all examples of important information that we want you to communicate to your coaches.
- **Any information about your daughter's emotional health.** It may be important for your coach to know if your daughter is struggling in school or had a recent death in the family or is dealing with another emotionally charged issue. Without this context, your daughter's behavior in practice or during a tournament, may be interpreted as being lazy, unfocused or disrespectful. We recognize how delicate and private this can be, but not sharing this information could possibly exacerbate your daughter's condition if she is misperceived.
- **A quick heads up that your daughter is struggling to talk with the coaches.** This is appropriate if it is only a head's up and not a detailed email. Remember that we hope to begin this conversation with the player first but if our coaches are aware of the need for conversation, they will try and facilitate it happening.

- **Your positive experiences with the coach or the team.** If we are doing things right then reinforce that by letting us know.
- **Your willingness to become more involved.** If you want to help with pictures, video, fundraising or other activities to support your team and the club then let us know!

Inappropriate communication would include:

- **Conversations about play time prior to a player/coach meeting.** If your daughter is unhappy and unclear about the playing time she is receiving, she needs to approach the coach and discuss it as outlined earlier. If your daughter has not tried to discuss her playing time or her role on the team with her coach, it is inappropriate for you to do so. Before approaching the coach yourself, encourage your daughter to talk to her coach about what she can do to help the team and earn more court time or ask the coach to more clearly define her role on the team. If after this conversation, there are still concerns, then a conversation with the coach, parent, and player may be appropriate. Request a meeting with the coach. This meeting should take place away from practice or a tournament site. Parents and relatives should NEVER approach a coach at those venues. Emotions run too high and it can lead to a much more difficult set of circumstances. The player should be present at the meeting if at all possible.
- **Other players on the team.** Your personal opinions of other player's attitudes, skill, performance, or conduct are not appropriate topics of conversation for you to have with your daughter's coach. There are some exceptions with regards to code of conduct. A team parent should inform the coaches of any issues that arise on the team relative to tournament rules or club travel policies. Any issues relative to drugs, alcohol or weapons should be brought up with the head coach immediately. Please use your best judgment here, and understand that if you cross a line, the coach will let you know immediately that this is an inappropriate topic of conversation.
- **Coaching technique, tactics, systems, etc.** These are all issues that are not open for discussion or negotiation. There are opportunities with end of season parent evaluations to provide feedback on these topics to the coaching staff, the board and the club director.
- **Poor Sportsmanship.** The club will not tolerate aggressive parent behavior toward any of coaches, coaches of other clubs, parents, or officials. If a parent exhibits this type of behavior, they will be appropriately sanctioned, which may include being asked to not attend tournaments in the future or even dismissal from North Idaho Volleyball Club.

Finding the Best Time to Talk

In looking for a positive outcome when meeting with your coach, it is important to find the best time and setting for the conversation to occur. Here are some guidelines for finding the best time to talk.

- Don't ask to meet during practice or during a tournament. Your coach will not meet with you at this time. Outside of practice is the best time. Please allow plenty of time for the meeting.
- The 24-hour rule is a good rule. If there is any emotion to an issue then wait at least 24 hours after the issue before scheduling a meeting.
- Provide some prep for your coach but not too much before the meeting. Let your coach know why you want to meet but keep it brief. Emails or long phone messages tend to be too emotional and accusatory. Avoid that with just a brief note or conversation.

SAFESPORT SOCIAL MEDIA/ELECTRONIC COMMUNICATION POLICY

Purpose

North Idaho Volleyball Club recognizes the prevalence of electronic communication and social media in today's world. Many of our student athletes use these means as their primary method of communication. While NIVBC acknowledges the value of these methods of communication, NIVBC also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

General Content

All communications between an NIVBC coach/staff and an athlete should be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications should adhere to the USA Volleyball Code of Conduct regarding Athlete Protection.

For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following:

- Drugs or alcohol use;
- Sexually-oriented conversation, sexually explicit language; sexual activity;
- The adult's personal life, social activities, relationship or family issues, or personal problems
- Inappropriate or sexually explicit pictures.

Any communication concerning an athlete's personal life, social activities, relationship or family issues or personal problems should be **Transparent, Accessible, and Professional.**

Transparent: All electronic communication between coaches and athletes should be transparent. Communication should not only be clear and direct, but also free of hidden meaning, innuendo, and expectations. **Accessible:** All electronic communication between coaches and athletes should be considered a matter of record and part of the NIVBC's records. Whenever possible, include another coach or parent in the communication so that there are no questions regarding accessibility.

Professional: All electronic communication between a coach and an athlete should be conducted professionally as a representative of NIVBC. This includes word choice, tone, grammar, and subject matter that model the standards and integrity of a staff member.

If communication meets all three **T.A.P.** criteria, then the method and manner of communication with athletes will likely be appropriate.

Facebook

Coaches may have personal Facebook pages, but they should not have any player from NIVBC join their personal page as a "friend." A coach should not accept any "Friend" request from any athlete, nor should an athlete make a friend request of a NIVBC coach. In addition, the coach should remind the athlete that this is not permitted. Coaches and athletes should not "private message" or "instant message" each other through Facebook.

NIVBC has an official Facebook page that athletes and their parents can "like" for information and updates on team-related matters. <https://www.facebook.com/NorthIdahoVBC/>.

Currently, NIVBC does not have an **Instagram or Twitter account/**

Texting

Subject to the general guidelines mentioned above, texting is allowed between coaches and

athletes. Texting should be used for the purpose of communicating information directly related to team activities.

Email

Athletes and coaches may use email to communicate. When communicating with an athlete through email, a parent, another coach, or a board member should be copied.

Request to Discontinue All Electronic Communications

The parents or guardians of an athlete may request in writing that the team coach should not communicate with the athlete through any form of electronic communications. Immediate compliance without repercussion must be granted.

Misconduct

Social media and electronic communications can be used to commit misconduct (emotional or sexual bullying, harassment, or hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents, or athletes will not be tolerated.

Violations

Violations of NIVBC's Social Media and Electronic Communications Policy should be reported to your immediate supervisor, a club administrator, or the club SafeSport contact for evaluation. Complaints and allegations will be addressed immediately by the Board.

SEXUAL OR PHYSICAL ABUSE POLICY

North Idaho Volleyball Club recognizes that all forms of sexual abuse, assault or harassment with athletes are illegal and unethical, even when an athlete invites or consents to such behavior or involvement. Sexual abuse and harassment is defined as, but not limited to, repeated comments, gestures or physical contacts of a sexual nature. This includes demanding sexual favors in exchange for promotions, unwelcome touching of any kind, unwanted letters, telephone calls, texts or email of a personal nature, unwarranted inquiries about personal life or sexual habits, repeated jokes with sexual content, and sexual comments about a person's appearance or body.

In addition, North Idaho Volleyball Club will not tolerate hazing. Hazing is defined as any intentional act that endangers the mental or physical health of one person or a group of people, by another person or group of people, for the purpose of group acceptance or membership. Hazing behavior would include but is not limited to: brutality such as beating or striking, excess calisthenics, excessive consumption of food or drink, or intimidating/threatening activities that cause extreme mental stress.

North Idaho Volleyball Club will not tolerate sexual or physical abuse of any of its staff or participants. NIVBC regards the safety of the young athletes entrusted to our care and instruction as our highest priority. We do not tolerate physical behavior that compromises that priority. The same policy applies to our staff. We will not tolerate abusive, threatening or derogatory actions involving our staff by parents or others. We monitor activities and interactions to try to prevent miscommunications that cause discomfort to any of our athletes, parents or staff.

REPORTING COMPLAINTS

If you see or experience behaviors by an NIVBC coach, staff member, or chaperone that you believe to be inappropriate, report it immediately to either the Head Coach or Club Director. All complaints

will be investigated. Any employee or volunteer found to be in violation of the sexual and physical abuse policy will be subject to discipline, which may include dismissal. There will be no retaliation against any complainants or witnesses who participate in an investigation of an abuse charge.

TRYOUTS

North Idaho Volleyball Club will hold open tryouts each year to select players for our teams. Our tryouts will comply with Evergreen Region policies that include player pre-registration, tryout date guidelines and tryout fees.

Tryout Preparation:

- Complete all registration paperwork before you come to the tryout. Links to registration paperwork can be found on our website at Northidahovolleyball.com
- Be sure to get there early. The gym will be open 30 minutes before the scheduled start time.
- Great effort turns heads and is remembered. Avoid being tentative in your play but know the difference between being aggressive and playing recklessly.
- Let the lead tryout coach know if you are trying out while injured or have to leave early for whatever reason.
- Talk to us before or after tryouts as much as you want! We value the opportunity to answer any of your questions.

The Selection Process:

We will have multiple coaches evaluating players during our tryouts. Selection will be based upon the following criteria:

- A player's skill performance during a variety of drills held during tryouts.
- Effort, competitiveness and interaction with other athletes are all evaluated and scored.
- Our perception of that player's athletic potential – what she may be able to do over the course of the season.
- Our perception of the coachability of the player.

Playing Up:

All players who tryout with North Idaho Volleyball Club are evaluated for older teams without needing to indicate their desire to do so. The majority of players within NIVBC play at actual age-level, and the club believes this is usually the best choice for their continued development as student/athletes.

Movement between Rosters:

Occasionally we will move an athlete from one team to another as needed to complete a roster. We will not move an athlete from or to another team until we have discussed the move with the athlete and the parents. It is usually to simply fill a temporary need due to injury, illness, or scheduling conflicts. All movement between rosters **MUST** be board approved.

SCOREKEEPER CLINIC

Every player is required to attend a scorekeepers clinic. NIVBC will schedule their club clinic in early December. The clinic is free for players or adult chaperones that wish to attend. If players are not able to attend the scheduled club clinic then they need to contact the club director to find out

information on make-up clinic options. Players will not be put on a roster until they have attended a scorekeeper clinic.

PRACTICE

North Idaho Volleyball Club teams usually practice an average of twice per week. Team practices are usually 2 hours in length. There are times when our practice schedule will change based on weather conditions or school events. We will strive to make a practice schedule that does not change.

Practice Rules

Our focus with practice is to TEACH a competitive volleyball system. To achieve that, certain rules are required by all teams as detailed below:

- MISSING PRACTICE IS HIGHLY DISCOURAGED !!!!!!!!!!!
- Every practice is important. It is expected that each player will exercise good time management skills so that scheduling conflicts are kept to a minimum and practice attendance is as close to 100% as possible..
- All athletes are expected to make every effort to attend practice. If a player must miss a practice, a telephone call, text, or email to their head coach is expected at least 24 hours before practice. We acknowledge that there may be exceptions.
- Advanced notice is expected if the missed practice is due to vacation, school function or another event scheduled in advance.
- Missing practice may result in loss of playtime based upon whether the absence was excused and the expectations set up by the coach at the parent meeting.
- Excused absences are for family or school events in which the player cannot control the scheduling of that event (concerts, plays or games). School activities ALWAYS are excused absences.
- Players who can only attend a half hour or 45 minutes of a practice because of another event should still come to practice. It is much better to get some practice time rather than miss the whole practice.
- Injured athletes who can attend school are expected to attend practice to support their team and be available to help where they can, even if they cannot physically participate in practice. Players with fever or stomach flu (diarrhea and/or vomiting) should not come to practice.
- Scheduled practice time is start time. Please arrive early enough to be dressed and completely ready for practice by start time. This usually requires arriving not less than 15 minutes before start time.
- All practices are open and parents are welcome to observe practices at any time. Parents may not coach or offer instruction to their daughter or another team member at any time during practice. Parents are not permitted on the court, unless requested by the coaching staff.
- There will be no jewelry allowed at practice. Please leave your jewelry at home.

TOURNAMENTS

Most tournaments that North Idaho Volleyball Club teams enter take one day, either a Saturday or a Sunday. The typical one-day tournament schedule starts at 8:00 AM with pool play consisting of three or four matches followed by bracket play in the afternoon. Larger tournaments (National Qualifiers, MLK, President's Day, or Memorial Day Tournaments, etc.) involve two days of pool play, followed by single elimination bracket play.

Parent Guidelines:

- We strongly recommend that players get a nutritious meal and have a 10:00PM curfew the night before a tournament.
- Parents are responsible for the transportation of their daughter to and from tournaments.
- Many gyms prohibit food or drink other than water in the court areas. Teams may be penalized by the tournament site director if parents or team supporters ignore this rule.
- Parents and spectators are reminded to refrain from behavior that is inappropriate towards players, officials, coaches, or other spectators. Parents may be required to leave a playing facility by tournament officials or staff of NIVBC for inappropriate behavior.

Player Rules:

- If a player knows that she will miss a tournament, be late or have to leave early from a tournament it is her and her parent's responsibility to notify the coach as soon as a conflict is identified.
- Once players have arrived at the playing site they are encouraged to put their phone away for the ENTIRE DAY!. We expect complete engagement in the competition. Manage your communication ahead of time so you can be entirely focused on our tournament for the day. While reffing, phones are **absolutely** forbidden to be on your person - no exceptions.
- All athletes are required to be in the gym, ready to warm-up, at the scheduled start time set up by their head coach. Usually this will be when the gym opens, one hour prior to the start of the first match.
- Players are expected to avoid displaying negative emotions during matches. Arguing with the officials will not be tolerated.
- All athletes are required to stay at the tournament until the team has been released by one of the coaches. We play as a team, and we will leave the event as a team.

Officiating:

All USAV tournaments are at least partially self-officiated. Officiating at tournaments is the shared responsibility of the entire team, including coaches. All players are required to help with the line judging, scorekeeping, score flipping, and down officiating.

- The coach may rotate officiating responsibilities but will often only use the most experienced scorekeepers.
- No headsets or cell phones are to be used during officiating assignments. This also includes cell phones at the scorekeeper's table.

Team Area & Cooler:

Upon arrival, the team will identify a team area where the girls can leave their bags and relax between playing and officiating. The area may be a room, table or simply a spot in a hallway. Either way, the team area represents our club and should be kept neat and organized at all times. Most girls will bring some type of blanket and/or pillow, homework, a book, phone or other items to help pass the time between matches. Remember, the team area is not secure and valuables should be left at your own risk. Also, be sure to properly dispose of any trash and leave the area as we found it when the tournament is over.

TEAM FEES AND BILLING

Team Fee:

Team fees vary within the club based on the tournament schedule for each team. Team fees are budgeted individually each year. Team fees are listed on the club website under Fees. No team

subsidizes another team, and the club does not carry funds over from year-to-year.

Your daughter's team fee includes:

- Admin Fee – covers registration for staff, equipment, website, tax preparation, etc.
- Gym Fee – covers costs for practice gyms.
- Travel – covers hotel, mileage and meal per diem for coaching staff (not for players).
- Uniform – usually covers jerseys, spandex, warm-up shirts, warm-up jackets, and team bags for players, but exact items may change for any particular season.

Your daughter's team fee does not include the following expenses:

- Any travel expenses or meals for players.
- Team cooler expenses
- USAV membership for players.
- Apparel or accessories such as knee pads, shoes, and socks.

Billing and Payment Policies

- **Responsible Party** - The parent or guardian who signs the participation agreement and the USAV Letter of Intent is liable for any and all fees, dues, and charges for goods and services incurred by the participant. By signing the agreement, the responsible party accepts liability and agrees to be bound by the terms of the agreement. The agreements for all sibling participants, regardless of which parent or guardian signs as the responsible party, will be treated as one account for the purposes of this liability.
- **Late Fees or Returned Item Fees** - In the event a check or credit card draft used to pay fees is returned to North Idaho Volleyball Club or refused for payment regardless of the reason for refusal, a \$30.00 service fee may be assessed to the participant's account and a cashier's check or money order may be required for all further payments.
- **Statements** - Participants will receive player fee sheets from the club at the November parent meeting.
- **Invoicing** - All invoicing will be sent via email through our Sports Engine platform.
- **Payments** – Accounts may be paid by check, money order, credit card or certified funds. Checks should be made out to North Idaho Volleyball Club. Please write the player's name in the memo line on any checks. Credit card payments will only be done through Sports Engine and will automatically have a service fee added to the amount due.. Cash should never be mailed. Payments may be mailed to the club office. Coaches MAY NOT accept payments.

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PO Box 1432
Sandpoint ID 83864

- **Payment Schedule** – For all teams an initial team fee is due at the time of commitment (Letter of Intent.) The balance is broken up into three equal payments that will be paid at the first practice in January, February, and March. Payments are due on the 1st of the month and considered late on the 11th of the month.
- **Payment Plan** – If an extended monthly payment plan is necessary for your family please contact the Bookkeeper to make arrangements. We will be happy to work with you.
- **Delinquent Payments** – A player who is delinquent with payments may be suspended until their account is brought current or other acceptable arrangements are made with the club. Accounts that remain unpaid after May 1st will be considered “Not in Good Standing” and reported to the Evergreen Region office of USAV which will affect a player's participation

during the subsequent club season.

FUNDRAISING

Fundraising

All fundraising activities are optional for members of the organization.

Money raised by North Idaho Volleyball Club by general fundraisers (t-shirt sales, etc.) will be put toward operating expenses.

Funds earned by a team will be credited to that team's account and distributed equally among team members. These funds may only be used to cover tuition fees or camp fees.

Under no circumstances will credit generated through fundraising be returned to the members of a team at the end of the season.

Gift Versus Donation

Because North Idaho Volleyball Club is a non profit 501(c)(3) corporation, donations made to the general fund can be tax deductible to the donor. However, if a donor wishes money to be applied to a specific account, to benefit a specific player, the contribution is considered a gift and is not tax deductible. If you have any questions regarding whether or not a contribution is tax deductible, please contact the Treasurer or consult a certified tax accountant.

Other Fundraisers

Members or teams are allowed to organize and run fundraisers throughout the club season. NIVBC will support any fundraising efforts in any way it can. The Board must approve all fundraising activities if members intend to use the federal tax ID number as a means of generating credit. All funds raised should be deposited into that team's account.

COVID-19 WAIVER

I understand that the risk of becoming exposed to or infected by COVID-19 at NORTH IDAHO VOLLEYBALL CLUB's activities may result from the acts, omissions, or negligence of myself and others, including, but not limited to, NIVBC employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child may experience or incur in connection with my child's attendance at any NIVBC activities.

If my child or anyone in our immediate family tests positive for COVID-19, I hereby agree that my child will not attend any NIVBC sessions or other activities for a period of 14 days following positive test results.

I further acknowledge and agree that, due to the nature of how volleyball is played, social distancing of 6 feet per person may not be possible at all times. I fully understand and appreciate both the known and potential dangers of performing this activity, and acknowledge that, despite NIVBC's reasonable efforts to mitigate such dangers, this activity may result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

I agree that, by participating in this contracted agreement, and by accepting the consideration received, I am expressly assuming the risk of such participation for me and my child(ren).

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending NIVBC events and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless North Idaho Volleyball Club,, its employees, agents, and representatives, of and from all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any claims based on the actions, omissions, or negligence of NIVBC, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any NIVBC activity.

Participant Signature Date

Parent/Guardian Signature Date

PARENT EXPECTATIONS

Our club parents play a critical role in influencing the success of our teams. They influence not only team chemistry but also team success. Your conversations, behavior and actions influence your child, your child's team members, and the youth and adults in your presence. Please refrain from criticism of your child, team members, coaches, opponents, and officials, as this directly affects the

short and long term success of your daughter’s team, let alone the impact long term on your daughter. Be respectful of “time and place” conversations, and use restraint as needed to manage personal competitive energy and possible unmet expectations.

Very few youth programs are successful without the support of parents. North Idaho Volleyball Club wants each of our players to have a positive experience and get the most out of their season. Below you will find some guidelines that we ask our parents to observe.

- Focus on supporting your daughter in all aspects of her club experience.
- Support the coaching staff both to your daughter and to others. Please do not question coaching decisions or strategy with your daughter, other parents or the general public.
- Try to stay positive and keep negative emotions and discussions away.
- Show respect for other players, parents, opponents, officials, and the program. All comments from the sidelines should be of a positive and encouraging nature. Leave the coaching to the coaches and the officiating to the officials.
- If your daughter has playing time issues or concerns, please direct her to ask to speak to her coach(es) at a convenient time for all, but not during practice. We encourage players to ask coaches where they have the greatest room for improvement and how they might better help their team be successful. Allow some time and if there is no resolution then contact the coaches and ask to meet with the coaches and your daughter.
- If a problem of a different nature arises, please wait a minimum of 24 hours after an incident before contacting the coach to express your concerns. Under NO circumstances shall a parent approach a coach during competition or when other players or parents are present. The parent, player, and coach will often resolve the conflict and learn from the experience. If the parent and coach cannot resolve the issue, contact the Coaching Director or the Club Director..
- If a problem arises that you consider to be more serious, then feel free to contact the Club Director directly.
- Last, but NOT least...please assure your player arrives and is picked up on time for practice and tournaments. If there is ever the need for a ride, simply contact one of your coaches and they will do everything in their power to help arrange for a ride to and from practice. In an emergency, please contact your coach and the Club Director or Assistant Director.

I have read, understand and agree to comply with the guidelines above.

PARENT SIGNATURE

DATE

PLAYERS EXPECTATIONS

We expect our players to be:

- Coachable
- Engaged & Attentive
- Competitive
- Motivated

- Punctual
- Respectful

Our players are expected to give maximum effort, both physically and mentally at all times. If a player notices a teammate is giving less than 100% then they must hold their teammate accountable and, in a respectful and appropriate manner, encourage them to give 100%.

Competitiveness is a skill that is expected and will be taught by our staff. Clearly, winning is not our only measure of success but is a skill that can and will be addressed.

Our players are expected to be properly dressed, equipped, and on time to every event. To further define properly dressed:

- Players should have their hair pulled back and banded.
- Sleeved shirt (either short or long sleeve) - no crop tops.
- Volleyball specific knee pads are preferred.
- Spandex or gym shorts.
- Volleyball or court shoes (no black soled shoes) required.

To further define on time, this means they should arrive at practice in time to be physically ready (stretching on their own) to start practice on time. They also must arrive early enough to assist with set up so that practice can start on time.

Missing practice is strongly discouraged. Players and parents are encouraged to plan ahead and try to ensure that the players attend every practice possible. We understand that there will be exceptions that can cause a player to miss practice. In those cases, please communicate with the coach well in advance - a minimum of 24 hours is necessary. We expect our players to utilize their time management skills to ensure attendance at practice except when emergencies arise.

When coaches or other teammates are speaking, players are expected to listen, make eye contact with that person and be respectful at all times.

It is expected that players exemplify and demonstrate good sportsmanship towards their team as well as the other team across the net. We want to promote "team players."

HAVE FUN!!

I have read, understand and agree to comply with the guidelines above.

PLAYER SIGNATURE

DATE

HANDBOOK ACKNOWLEDGEMENT

I have read and understand the rules, expectations and policies that are outlined and explained in the CLUB HANDBOOK.

By signing below, I agree to adhere to and be bound by CLUB HANDBOOK in the upcoming 2021-2022 season.

Participant Signature

Date

Parent/Guardian Signature

Date